

2013 NJILOA Rules Exam

Teacher: PJ Calello

1. May a player wear both a clear, molded and non-rigid helmet eye shield and tinted eye glasses?
 - A. Yes
 - B. No

2. Player A1 has a mouthpiece that is white or clear. This is legal.
 - A. Yes
 - B. No

3. A ball stop is a required piece of equipment
 - A. Correct
 - B. Incorrect

4. During a routine equipment inspection at the end of the first quarter, it is discovered that player A1 has gloves which have had the palm cut out. Referee assesses a one minute non-releasable penalty
 - A. Correct
 - B. Incorrect

5. At the beginning of the game the home team must provide:
 - A. A scorebook
 - B. A timing Device
 - C. A working horn
 - D. All of the above

6. Player B is attacking the goal when the official notices that the goalie's throat protector is broken. The official allows play to continue until the next stoppage to correct the situation.
 - A. Correct
 - B. Incorrect

7. A1, while driving to the goal, has his mouthpiece hanging from his facemask. The referee should:
 - A. Do nothing.
 - B. Sound his whistle to stop play immediately and assess a one minute non releasable penalty.
 - C. Sound his whistle to stop play immediately and assess penalty unless he has knowledge that the mouthpiece came out as a result of play.
 - D. Sound his whistle immediately and assess a 3 minute non releasable penalty.

8. All hollow crosse handles must have their open end:
- A. Adequately taped
 - B. Covered in a manner such that the exposed end of the stick is completely covered.
 - C. Covered with a plastic or rubber cap.
9. Arm pads are required equipment for all players.
- A. Correct
 - B. Incorrect
10. If both officials agree, white shorts are allowed to be worn.
- A. Correct
 - B. Incorrect
11. A non-goalie crosse shall have an overall fixed length of either 40–42 inches or 52–72 inches
- A. Correct
 - B. Incorrect
12. At the end of the first half, there is a discrepancy between the score book and the referee's scorecard. Who is responsible for keeping the official score?
- A. The designated referee.
 - B. The designated umpire.
 - C. The home team scorer.
13. Goalkeeper must leave game due to an injury, expulsion or penalty. The official will allow a _____ warm-up for the new goalie.
- A. 30 second
 - B. No warm-up
 - C. 2 minute
 - D. 1 minute
14. The officials' authority begins when they arrive on the field, and ends
- A. When the horn sounds to end the game.
 - B. After the teams shake hands.
 - C. After they approve the final score and leave the field of play.
15. The "In-Home"

- A. Is the first attack player listed in the scorebook.
- B. Will serve all unsportsmanlike penalties
- C. Must be a starter in the game
- D. A & C

16. Team A is ahead by one goal with less than 2 minutes in the fourth quarter. A1 has the ball in the goal area, and has been warned to "keep it in". Player A1 in possession of the ball in the area attempts to pass the ball to teammate A2, also in the goal area. The ball is deflected by defender B2 and the ball lands out of the area. Official sounds whistle and awards ball to Team B for A's violation. Correct?

- A. Yes
- B. No

17. Regulation play ends with the game tied. Overtime will be a sudden victory period of 5 minutes. Correct?

- A. Yes
- B. No

18. Team A is leading by one goal and has a player serving a non releasable penalty during the last two minutes of the game. Is A required to keep it in. the goal area ?

- A. Yes
- B. No

19. Player A1 is in possession of the ball. He is close to the sideline and is surrounded by 3 opposing players. Player A1 calls for a time out. The referee does not honor the request. Only the head coach may call a time out. Correct?

- A. Yes
- B. No

20. After 4 minutes have elapsed in the 3rd quarter, Team B scores a goal to go up by 12 goals. The referee should invoke the 12 goal rule.

- A. Correct
- B. Incorrect

21. If a game goes to a 2nd OT. You do not have another coin toss. Simply switch ends and AP stay the same.

- A. Correct
- B. Incorrect

22. The ball goes out of bounds on the end line. Either team calls time out. Play should be restarted

- A. Where the ball crossed the end line
- B. Outside the box, 20 yards from the goal

23. At the center line up at the beginning of the game, should officials inspect equipment?
- A. Yes
 - B. No
24. On a faceoff, the crosses and gloves, shall rest on the ground, along the center line, parallel to each other, and up to but not touching the center line.
- A. Correct
 - B. Incorrect
25. On a faceoff, it is illegal for a player to
- A. Intentionally place any body part on his own crosse.
 - B. Use one's crosse to pin down the crosse of an opponent
 - C. Kick the opponents crosse.
 - D. All of the above
26. On a face off, after referee says "down", player A1 deliberately delays going down to his face off position seeking to gain an advantage. Official stands both players up and signals "illegal procedure" and awards ball to Team B.
- A. Correct
 - B. Incorrect
27. On a faceoff, the official will make certain that:
- A. The reverse surfaces of the crosses match evenly
 - B. Each player will have both hands and the fingers wrapped around the handle of his crosse
 - C. The players feet are not touching his crosse.
 - D. All of the above.
28. The official shall vary the cadence of sounding the whistle for each faceoff
- A. Correct
 - B. Incorrect
29. If a player deliberately uses his hand or fingers to play the ball on a faceoff, this shall be enforced immediately as.
- A. Illegal Procedure
 - B. Withholding
 - C. An Unsportsmanlike conduct penalty
 - D. None of the above

30. On a face off if a player grabs an opponent's crosse with the open hand or fingers, this shall be enforced immediately as:

- A. Illegal Procedure
- B. Withholding
- C. An unsportsmanlike conduct penalty
- D. None of the above

31. A1 is being played by B1 near midfield after Team A has already compiled with the requirements to bring the ball into the goal area within ten seconds. A1 is legally checked by B1 across the midfield line. What should the referee do?

- A. Turn his beeper on for a 20 second count.
- B. Warn Team A to "get it in keep it in" and start a 10 second count.
- C. Do nothing. There are no counts needed for this situation.

32. There is a shot on goal. The ball goes out of bounds on the end line. A1 is closer to the end line. B1 is closer to the ball. Who is awarded the ball?

- A. Team A
- B. Team B

33. Team A has met all the requirements to bring the ball into the goal area. A1 takes a shot. The ball hits the post and rolls back across the midfield line. A2 gains possession of the ball. The trail official turns his 20 second beeper on. Correct Procedure ?

- A. Yes
- B. No

34. B1 goes offside, flag down, and returns to the proper half of the field, and then goes offside again and continues to play during the slow whistle. Once play is stopped, as long as a goal has not been scored B1 will serve

- A. Two 30 second penalties.
- B. One 30 second penalty.
- C. One 1 minute penalty.

35. B1 goes offside while chasing A1. Flag down. B2 also goes offside. Flag down. A2 then commits a personal foul. Correct procedure

- A. A2's foul ends the slow whistle. B1 and B2 serve 30 seconds each. No time for A2. Team A gets ball
- B. B1 and B2 serve 30 seconds each. A2 serves one minute. First 30 seconds are non releasable for everyone. Award ball to Team A

36. The ball is being cleared toward Team A's defensive end and A1, A2, and A3 are the only Team A player's on Team A's offensive side. Which of the following results in a penalty for offside?

- A. A1 steps on, but not over, the midfield line.

B. A1 realizes he is about to step over midfield but instead runs out of bounds and then quickly returns to his offensive end of the field without stepping in the defensive en

C. A1's stick touches the ground over the midfield line.

37. The ball is rolling toward the midfield line. A1 and B1 are next to each other fishing for the ball as it rolls toward them. B1 steps on the midfield line and then gains control of the ball. Correct procedure

A. 30 second technical foul served by B1.

B. Possible play on or award the ball to Team A at the center X, no time served.

C. Allow play to continue, no violation.

38. Team A is in possession of the ball in the attack area when Team B is discovered to be offside. Flag down. Ball is shot, misses the goal and goes out of bounds on the end line. Correct procedure

A. 30 second penalty on player from Team B. Award the ball to Team A at the spot where the ball went out of bounds.

B. 30 second penalty on player from Team B. Award ball to Team A 20 yards laterally from the goal.

C. 30 second penalty on player from Team B. Award the ball to Team A at the face off X

39. Team A is in possession of the ball deep in the attack zone when the official calls Team A for being offside. Correct procedure

A. Award the ball to Team B at the top of the box.

B. Award the ball to Team B 20 yards laterally from the goal.

C. Free clear, award the ball to Team B at the faceoff X.

40. A1 shoots the ball, deflects off the goalkeeper, and rolls to the feet of A2 who kicks the ball into the goal. Correct procedure is

A. the goal counts.

B. The goal is disallowed. Team B awarded the ball outside the box.

41. Goalkeeper is in possession of the ball in his crease. As he brings his crosse and the ball back through the plane of the goal to throw a pass the ball falls out of his crosse, behind the goal line. The official should

A. Sound whistle, no goal, award the ball to defense outside the goal are

B. Sound whistle, no goal, award ball via alternate possession

C. Sound whistle, signal goal, face off.

42. Can the goalkeeper be called for a personal foul if his crosse slashes an opposing player during a follow thru on an outlet pass?

A. No. It's the opponent's responsibility to get out of the way.

B. Yes. The privileges and protections of the goalkeeper do not permit him to gain an advantage.

43. The requirement for advancing the ball into the goal area is met when the ball touches anything within that area or a player in possession of the ball touches the line or is inside the goal area.

- A. Correct
- B. Incorrect

44. Team A has possession of the ball in its offensive zone. The trail official has started the 10 second count. In order to avoid a violation, player on Team A rolls the ball through the goal area to a teammate standing outside the goal area. The ball only touches the ground inside the goal area. What is the correct procedure?

- A. Stop 10 second count and indicate ball is in.
- B. Continue 10 second count.
- C. Suspend 10 second count. continue when Team A repossesses the ball.

45. In a varsity game or a jv-10 game, which of the following situations is a horn for substitutions allowed?

- A. Whenever the ball goes out of bounds.
- B. After an end line out of bounds.
- C. On any stoppage of play.
- D. After a sideline out of bounds.

46. Team A has possession of the ball in its attack goal area and is not under a 10 second count or stall warning. The ball becomes loose and Team A regains possession of the ball in the defensive half of the field. The official should

- A. Turn on his 20 second timer.
- B. Begin a visible 10 second count.

47. A1 shoots and scores. Referee places the ball for a faceoff at the center X. A double horn sounds. Coach of Team B requests a stick check on player A1. Official judges that the stick has a deep pocket. The official should

- A. Disallow goal. A1 serves one minute non releasable penalty. Restart at the face off X.
- B. Disallow goal. A1 serves a three minute non releasable penalty.
- C. Disallow goal. A1 serves one minute non releasable penalty. Stick is placed by the scorer's table and may not be used again. Restart at the face off X

48. In a scrimmage area, A1 is legally checked and falls to the ground injured. Play continues around him. What is the correct procedure?

- A. Official monitors to make sure he doesn't interfere with play.
- B. Stop play immediately. Always protect the safety of the injured player.

49. A1 takes a shot. Before the ball enters the goal, A1's crosse makes contact with the goal post, the ball enters the goal. What is the correct call?

- A. Goal counts. Face off.
- B. Goal disallowed. Award ball to Team B 20 yards laterally from the goal.
- C. Goal disallowed. Award ball to team B at face off X

50. 4th quarter ends in a tie with Team A in possession of the ball and a man up. Correct procedure for the overtime period is

- A. Coin toss to select goals, face off.
- B. Coin toss to select goals, award ball to Team A at the relative spot that Team A had possession. no face off.
- C. Coin toss to select goals, award ball to Team A at the face off X

51. On a face-off, the wing area players are released on the whistle.

- A. Correct
- B. Incorrect

52. A player with possession is declared out of bounds if one foot touches the sideline or end line.

- A. Correct
- B. Incorrect

53. An official mistakenly blows his whistle while a shot is in flight. After the whistle, the ball goes into the goal. The referee has the option of allowing or disallowing the goal.

- A. Correct
- B. Incorrect

54. Initiating contact with the head is known as "spearing." The minimum penalty for spearing is.

- A. One minute releasable
- B. Three minutes releasable
- C. Three minutes non-releasable
- D. One minute non-releasable

55. A player shall not initiate contact to an opponent's head or neck with a cross-check or with any part of his body (head, elbow, shoulder, etc.) or stick. Any follow-through that contacts the head or neck shall also be considered a violation of this rule.

- A. Correct
- B. Incorrect

56. A1 attempts to check B1's stick but instead A1's stick strikes B1's neck in an uncontrolled or severe manner. The penalty should be.

- A. No call. This is a legal play.

- B. Three minutes releasable
- C. One minute releasable
- D. One to three minutes non-releasable

57. Defensive player B2 attempts to dislodge the ball from A2 by coming over the arm of A2 (ice pick check) with his butt end and striking A2 's stick. The proper procedure is

- A. No call. This is a legal play.
- B. One minute personal foul, slash.
- C. 30 second technical foul, holding.

58. A2 is playing, B2 is serving a penalty. As B2's penalty ends, he enters the field of play and legally checks A2 who is leaving the field and is vulnerable. Correct procedure

- A. Flag down. Personal foul on B2--unnecessary roughness
- B. No foul, check was legal.

59. A1 is receiving a pass and is in a vulnerable position (buddy pass). B1 takes advantage and delivers a vicious body check just as the pass is received. Official deems the check was avoidable. What is the correct call?

- A. No call, legal play.
- B. 1 minute or more personal foul, unnecessary roughness.

60. A1 has the ball and is being defended by B1. A1, while running at full speed, loses his balance. To prevent himself from tumbling to the ground, he extends an arm and hand to brace himself. While his hand is in contact with the ground, B1 body checks A1 (not in the head area). What is the correct call?

- A. Personal foul, illegal body check., one minute (or more).
- B. No foul, legal check.
- C. Personal foul. Illegal body check, one minute (or more) non releasable.

61. A1 takes a position in front of the crease area and A2 takes a shot. A1 is facing the goalkeeper and waving his hands and crosse back and forth. Ball goes into the goal. What is the correct procedure?

- A. Goal counts, no violation.
- B. Disallow the goal, A1 is penalized one minute for unsportsmanlike conduct.
- C. Disallow the goal. A1 is penalized one minute (non releasable) for unsportsmanlike conduct.

62. During play, A5 is assessed a second unsportsmanlike foul for repeatedly violating face off rule (a technical foul). What is the correct procedure?

- A. A5 is given a three minute penalty and is ejected from the game.
- B. A5 is given a one minute non releasable penalty.
- C. A5 is given a one minute releasable penalty.

63. Which of the following would result in a non-releasable, unsportsmanlike conduct foul?
- A. A player uses threatening, profane, or obscene language or gestures at any time during a game
 - B. A player deliberately delays substitution onto the field to gain an advantage.
 - C. A player, deliberately fails to return immediately to the field after leaving the field of play while legally in the game.
64. B1 drops his crosse, then secures an opponent's crosse and continues to play. Correct Ruling
- A. Personal Foul Unsportsmanlike Conduct
 - B. Technical Foul 30 seconds
 - C. Legal Play
65. A1 is about to be body checked by B1, and A1 turns his back in order to avoid the check. Because A1 turned at the last moment, B1 checks A1 from behind. B1 has committed an illegal body check.
- A. Correct
 - B. Incorrect
66. A player deliberately runs through a stationary pick. The correct call is unnecessary roughness.
- A. Correct
 - B. Incorrect
67. A1 receives 1 minute for slashing followed by 1 minute for unsportsmanlike conduct. Ruling A1 serves 2 minutes non-releasable.
- A. Correct
 - B. Incorrect
68. Goalkeeper B1 has possession of the ball outside the crease and begins to run with the ball out of the defensive area. Riding player A1 runs through the crease while chasing B1. What is the correct procedure?
- A. Play on.
 - B. Flag down. Crease violation, A1 serves 30 seconds unless a goal is scored.
 - C. Flag down. Personal foul, A1 serves one minute unless a goal is scored.
69. A1 has possession of the ball in the attack zone. B1 is defending A1 in the attack zone. B1 prevents A1 from moving by using the portion of his crosse that is between his hands. What is the correct procedure?
- A. No foul, this is legal.
 - B. Flag down, personal foul, cross check
 - C. Flag down, technical foul, holding

70. When no player from the team awarded possession picks up the ball and moves to the position of the restart within five seconds of when the officials are ready to restart, it is considered illegal procedure.

- A. Correct
- B. Incorrect

71. A coach or player may leave the bench/coaches area while play is suspended and enter the table area for the sole and distinct purpose of seeking information from the timer, score-keeper or chief official and enter the table area only (1) To exchange a crosse with a player on the field in the opposite end of the field from that team's bench during a live ball or dead ball; or (2) To seek information from the timer or scorekeeper during a dead ball.

- A. Correct
- B. Incorrect

72. A1 drops his crosse with the ball in it. It is not stuck in his crosse. A1 tries to retrieve his crosse. What is the correct procedure?

- A. Allow play to continue, no violation.
- B. Flag down, technical foul on A1 who serves 30 seconds.
- C. Sound whistle, signal illegal procedure, award ball to Team B

73. A1 drops his crosse, which is not broken. B1 accidentally kicks A1's crosse. What is the correct procedure?

- A. Play on.
- B. Allow play to continue, no violation.
- C. Flag down, unsportsmanlike personal foul on B1.

74. For a technical foul, which is not true?

- A. If it's a loose ball, award the ball to the offended team.
- B. If it's committed by the team in possession, award ball to offended team
- C. If offended team is in possession of the ball, 30 second penalty.
- D. All are true.

75. A1 has possession of the ball and is running along the sidelines. B1, in pursuit, forces A1 out of bounds by hitting him in the back. What is the correct call?

- A. Award the ball to Team B. A1 was out of bounds.
- B. Flag down, award the ball to Team A. B1 serves 30 seconds.
- C. Flag down, award the ball to Team A. B1 servers 30 seconds or possibly one minute if the contact was excessive.

76. In the 3rd quarter, Team A is a man down, has the ball and the referee deems that Team A is stalling. Attackman A1, with the ball, passes to teammate A2 behind the goal in the attack zone. Officials signal and shout keep it in. Loose ball occurs and the ball comes out of the attack zone as a

result of it being kicked by Team B, whereupon A3 gains possession. What is the correct procedure?

- A. Whistle is sounded. Ball awarded to Team B
- B. New ten second count for Team A. They do not have to keep it in.
- C. New ten second count for Team A. They do have to keep it in.

77. Team A is stalling and has been warned to keep it in. A loose ball occurs and Team B picks up the ball and moves the ball into it's offensive zone. B1 shoots, Team A goalie makes the save, passes to Teammate A1 who advances the ball down field into Team A's offensive zone. Is the stall warning still in effect?

- A. Yes
- B. No

78. It is legal for an offensive player to use his thumb to hold the ball in the crosse.

- A. Correct
- B. Incorrect

79. B1 is in the penalty box for one minute having committed a slash. Before play resumes, B1 shouts his displeasure at the nearside official who assesses a one minute unsportsmanlike penalty (non- releasable). Which penalty is served first?

- A. The slash.
- B. The unsportsmanlike.

80. Players A3 and B3 commit simultaneous personal fouls. Each is given one minute. After 24seconds, Team B scores. Correct procedure

- A. Both players are released
- B. A3 is release
- C. Neither is released

81. During a man down at the end of a period, there is a loose ball, play-on push by B2. The horn sounds ending the period with the play on in effect. The next period begins with

- A. A face off.
- B. Team A with the ball in the same relative spot of the foul.
- C. Team A with the ball at the face off X.

82. A1 commits a personal foul and is sent off for a minute. After the restart, B1 commits a personal foul and is sent off for a minute. 5 seconds after this restart, Team B scores. What is the correct procedure?

- A. Both players are released
- B. Neither player is released.
- C. A1 is released

83. B1 and A1 commit simultaneous fouls. B1's foul is a 30 second technical foul (pushing), A1's

foul is a one minute personal foul (slashing). Twenty seconds after play resumes, B2 scores. What is the correct procedure?

- A. Neither player is released.
- B. A1 is released
- C. Both players are released

84. A1, the in home, commits a slash and is given a one minute penalty. The coach runs onto the field to protest the call. The referee throws his flag and assesses a 30 second conduct foul on the coach. What is the proper procedure?

- A. The in home serves one minute and 30 seconds.
- B. The in home serves one minute, the second listed attack man serves 30 seconds. All penalties are releasable
- C. The in home serves one minute and 30 seconds, the first 30 seconds in non releasable.

85. Goalkeeper A1 is called for a personal foul. Which is correct?

- A. In home serves the penalty.
- B. Goalkeeper A1 serves penalty.

86. Which of the following does not result in a free clear?

- A. Live ball simultaneous fouls committed in either teams attack/defensive area.
- B. Time serving technical foul committed by the attacking team in their opponent's goal area
- C. Off sides by the team in possession of the ball in their attack area
- D. Time serving personal fouls committed by the attacking team in their opponents goal area

87. B1 is in the penalty area for one minute. After 30 seconds of play has elapsed, penalty time scorekeeper releases B1 into the game. A1 scores. What is the correct procedure?

- A. B1 returns to the penalty area for the remainder of his time.
- B. B1 remains in the game. The goal ends B1's penalty.
- C. B1 returns to the penalty area for the remainder of his time plus an additional 30 seconds.

88. For simultaneous fouls where time is to be served by each team, the ball will be put in play at the spot where the ball was when the whistle blew or laterally outside the goal area nearest to the spot of the ball at the time of the whistle.

- A. Correct
- B. Incorrect

89. For any violations of the rules on positioning for a faceoff, the ball will awarded to the offended team in the offensive side of the field at the Center.

- A. Correct

B. Incorrect

90. The ball is loose inside the crease and there is an inadvertent whistle. Correct procedure is to:
- A. Use alternate possession
 - B. Award ball to the defense at the Center X
 - C. Award the ball to the defense laterally outside the goal area.
91. A releasable penalty on A1 can only end if (1) the penalty time expires or (2) Team B scores a goal.
- A. Correct
 - B. Incorrect
92. You are the lead and a shot goes out of bounds on the end line. Where should you make your call from. to determine who was closest to the ball.
- A. Right next to the goalie.
 - B. Stay where you are . Goal-line extended is the perfect angle to see who is closest to the ball.
 - C. Take three or four steps toward the end line so you can see who is closest to the ball.
93. A goal is scored, the signal is properly given. You are the trail official, what is your next move?
- A. Run into the middle of the goal area to retrieve the ball from your partner, then run to the face off X and place the ball for the face off.
 - B. Take out your scorecard and record the number of the player who scored.
 - C. Run to the face off X to receive the ball from your partner.
94. What is the proper procedure for reporting a time serving penalty?
- A. The table side official reports the foul while the far side official observes and readies the field.
 - B. The lead reports the foul while the trail observes and readies the field.
 - C. The trail reports the foul while the lead observes and readies the field.
95. A1 has the ball and is about to cross midfield. A1 coach calls for timeout. Before you can get your finger whistle into your mouth to signal TO the ball is checked out of A1 stick. What is the proper call.
- A. Do not give the coach the timeout
 - B. Timeout is granted
 - C. Alternate Possession.
96. The ball goes out of bounds on your end line. What is the proper signaling after the whistle?
- A. Point in the direction the ball will be going.

B. Raise one hand to indicate dead ball, point in the direction the ball will be going, raise both hands to indicate a horn is allowed.

C. Raise one hand to indicate dead ball, point in the direction the ball will be going.

97. On an even strength face off, where should the off official be positioned?

A. At the end of the wing restraining line.

B. At the defensive restraining line, in line with the wing restraining line.

C. Close to the midfield line, behind the wing players and wing restraining line

98. When the ball crosses midfield, the 10 second count should usually be done by

A. The lead

B. The trail

99. You are the off official on a man down face off. Where should you be positioned?

A. At the end of the wing restraining line.

B. At the defensive restraining line, in line with the wing restraining line.

C. Close to the midfield line, behind the wing players and wing restraining line.

100. The "on" and "off" officials are both responsible for watching the player in possession, but the "on" official watches above the waist and the "off" official watches below the waist.

A. Correct

B. Incorrect